



This is not
the official
newsletter
of the
Australian
Guild of
Rugmakers

This is an additional newsletter compiled by Miriam Miller, President Emeritus

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TRIANGULAR SHAWL.

I have just attended a spinning retreat weekend, and interest was shown in a triangular shawl, so as this newsletter goes to people who are also knitters and other textile people I thought I would include instructions.

Have the right sized needles for your yarn. I find thicker yarn and a looser knit suits this shawl. It is a great way to use up many small balls of wool, but of course in compatible colours. Knit some double if the wool is too thin, and does not match up with the rest. If some the wool you want to use is thicker than the majority, just knit a single row with it, now and again

.Cast on three stitches,

Row 1- knit 1, make 1 (by putting wool over needle) knit 1, make 1, knit 1.

Row 2- purl

Row 3 - increase at the beginning of every row from now on, (I increase by knitting twice into the first stitch) knit 2, make 1, knit 1, make 1, knit 2,

Row 4 - Increase 1, at the beginning of the row purl to end.

Row 5 - increase 1, knit 3, make 1, knit 1 make, 1 knit 3.

Row 6 -increase 1, purl to end.

Row 7 – increase 1, knit 4, make 1, knit 1, make 1, knit 4

I am sure you have the idea now, just continue in this way, increasing at the beginning of each row, and each side of



the centre stitch
on the plain
row.

You can add
some garter
stitch rows, or a
fancy pattern or
different
coloured
patterns, it is up
to you.

The photo shows
how quickly you
are able to see
where to increase
each side of centre
stitch



Showing the shawl growing, soon I will have to add extra length to my needles.

Below photo, showing shawl with knitting finished. I ended with six rows of garter stitch, this makes the edge lie flat if you are not going to add a fringe. Amazing how the colours change in different photos. I now will crochet along the top edge so it will not stretch and then add a fringe.



To right, finished shawl. You can also make this shawl much smaller as a wrap



See another photo of a shawl at the foot of page 10

NEW SOUTH WALES –SYDNEY

Diana Tilley-Winyard

This is the quilt I made for my grandson Taj. Taj is learning Japanese and has already visited Japan twice. I had discovered 'crumpled maps' and thought it would be fun to make them into a quilt. So with maps of Tokyo, Sydney, London, Rome and Paris, I started on a quilt with Tokyo as the centre. Also I had been to an amazing exhibition at Carrigeworks, Sydney, of an African artist, El Anatsui, who makes objects from recycled material and his work inspired me on how to join all these maps together. I used dark blue squares to link the water shown on each map. I hope these images are of interest to rag rug makers. I intend to make more rugs but somehow for the last few years quilts have taken over. Love from Diana



El Anatsui's work



Crumpled Maps can be bought on-line or from map shops. They are made from a fabric called Palomar which is recycled polyester and designed by Emanuele Pizzolorusso. They are light travel maps, if you Google 'crumpled maps' you will see exactly what they look like when you buy them. I put them onto a cotton backing and then joined the small cotton squares, which I had already made into panels, to them.
from Diana

SOMETHING INTERESTING

Go to <https://youtu.be/OdsKNrWumdU> and you can watch a video of the exhibition and guild meeting in Canberra on 3/4th September. –It is exceptionally well done by Kira Mead and her husband Warren. A big thank you to them.

RECIPE

LEMON DELICIOUS PUDDING.

1 Tablespoon butter	1 Cup milk
$\frac{3}{4}$ cup sugar	2 eggs
1 lemon	2 tablespoons flour

Cream butter and sugar, add flour, lemon juice and finely grated rind, beaten egg yolks and milk. Fold in well beaten egg whites. Bake in a deep dish, standing in water for 1 hour at 375F or 185C (less for fan forced.) Note I usually use two lemons as I like a strong lemon taste. This recipe serves 4. It is easy to double. As I often do. I serve warm with whipped cream.

QUEENSLAND – Kingaroy - Judith brook



This pic is a hall runner Mum made in the seventies, it was on the floor for 45 years and only had a little wear at one end.
Judith

CANADA – Alberta – Arlette Spencer



Hi Miriam,
This one of 4 chair pads that I am working on, each a slightly different pattern, but with the same-colour motifs repeating
Arlette.

Arlette will send photos when she finishes the chair pads

VICTORIA -Yarra Valley Rugmakers Exhibition – Coal Creek, Korumburra,

September 2016 – report from Ann Schafer.



Joy, Ann, and Chris



Chris working on her huge rug.

For our September meeting, on September 24th, the Yarra Valley Rugmakers held their meeting at the Coal Creek Community Park and Museum Gallery in Korumburra. For the past two weeks, our rugs have been on display in the gallery and between the four of us, we managed to have 38 rugs in total in the exhibition. Three of us, Joy, Chris and Anne, were there on the Saturday, and as we worked on our rugs we had quite a few interested people ask us about our rugs. A lovely lady demonstrating her spinning there at the weekend was very taken by it and we hope to see her at our rug meetings when we meet at Chris's in Loch. Ann



Ann working on her colourful proggy rug.

Below, Chris's amazingly fine portraits of her grandchildren



AMERICA –Milwaukee Sharon Felton

Sharon Felton visited the Narrawilly Proggy Ruggers in June 2012 and sent these words and photos for the newsletter.

Below is the proggy rug Sharon started in Milton and worked on in the plane going back to the States



I loved the way you repurposed your clothes to make such beautiful wall hangings and floor coverings, there is nothing like a proggy rug under ones feet. Also when I was at Miriam's she so graciously gave me a tool to take with me and some backing and fabric so I started my own creation and that rug gave me my sanity from AU back to the states which took 30 hours !! It was so nice that they allowed the tool to come on the plane, I just had to make sure all the pieces were cut and ready to go. I wanted to make it look just like the one that Miriam had in front of her fireplace.

When I introduced this to my church group they too became so excited. They took on projects to make their own rugs, the 2 that stand out were:

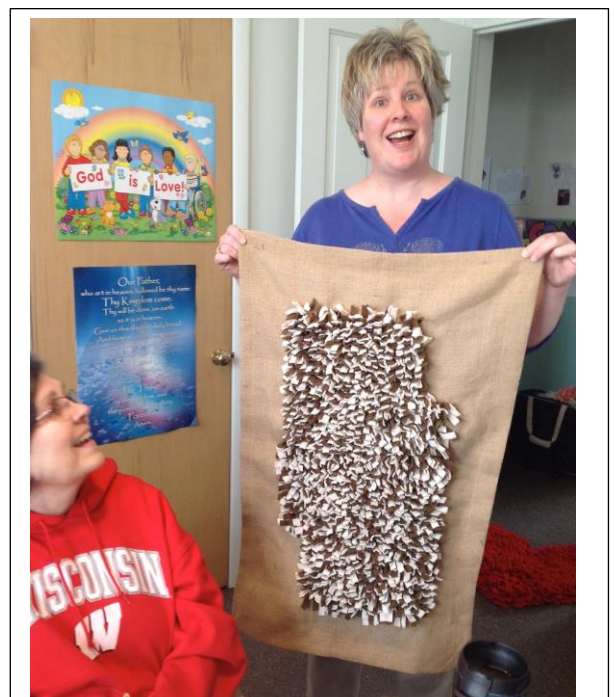
...



Chris who had her Dad's 2 pieces of clothing that she kept in his memory, felt they would service much better in a little chair pad.

C

Jane who had her great grandfathers army blanket from the war tucked in her closet, That made a wonderful rug that now lays by in front of her Grandmother's dresser in Jane's home.



I wish I had pictures of the finished pieces, but this was the beginning of the rugging journey.

We found that it is so wonderful to make such useful beautiful pieces, with so much meaning besides. We just had to make a wall hanging for our church. Which was no small project St. Francis is about 3'W x 4'H. When he became framed, he was so impressive. That was my first time dying the "sun fabric" it was done as a dip dye method, the fabric used was what you refer to as jogging material. The garment was actually our very own Pastors vestment, cut and each piece folded so the ends would not ravel. The vegetation was the Waldaburo sculpted and the flowers were proggy. It took us 2 years working on this to finish it.

I will forever be grateful to have had the privilege of visiting Miriam and meeting all of you in that June of 2012. Sharon



□

ST. FRANCIS OF ASSISI

Wall Hanging, completed in 2014

Proggy Group, Christian Women at the Basilica

Techniques: *Hooking (flat area), Waldabero (raised green stalks), and Proggy (flowers)*

Materials: *Hand-cut strips of dyed, recycled wool including a habit belonging to Fr. Michael Glastetter, OFM Conv.*

Design: Michele Peña

Hooking: Margaret Derr, Paula DeVito, Sharon Felten, Joyce Fintak, Kate Helsper, Kathleen Johnston, Michele Peña, Susan Plewa, Terry Proesel, Debbie Shutta, Jan Schley

Preparation of habit pieces: Chris Ostowicz

Jacqui Thomson and I visited this group in September 2015, we had a pot luck supper and were shown many of their completed rugs, and heard the story behind the recycled fabrics used. It is wonderful to travel the world and be so warmly welcomed by like minded people (we were on our way to The International Guild of Handhooking Rugmakers' triannual meeting held in Victoria, Vancouver island)

Miriam

ENGLAND – Reeth Yorkshire

Heather Ritchie

Hello again. 2 new pieces. One from a picture of me as a little girl. Using embroidery on cotton dungarees and



hooked body and face. The angel has vintage embroideries stitched together and mirror and embroidered flowers in her hair. Thought you would like to see them. Love Heather.

(I love the way Heather has created the pattern on the jumper - Miriam)

NEW SOUTH WALES. – Milton

Narrawilly Proggy Ruggers. Written by Leith Brandt

This month I would like you to meet some of the Narrawilly Proggy Ruggers on a regular rugging day: Friday, September 16th. Our group meets on the first and third Friday of each month. Each of us brings something tasty to contribute to a shared lunch. Sometimes, there is much chatter and not a lot of rugging done, as you can imagine! Our days together are important for lots of reasons: shared inspiration, mentoring newer members, and – of course – the presentation of our pride(s) and joy(s): a finished (well, sometimes almost finished!) rug or wall hanging. And let's not forget the liberal doses of encouragement doled out where necessary as well. All our rugs are original designs.



Here is Helen, (to the left), currently working on a rug featuring owls. Helen is such a good artist and will put her hand up to draw a design for a less confident rugger as well. Such talented members we have in our group.

Janet is a retired graphic artist (to the right) and provided all the drawings for Miriam's book "Proggy and Hooky Rugs" – more of that later! In this photo Janet is making a rug for her daughter. Nice to think our rugs can become heirlooms.



To the left

And Marilyn displays her lovely proggy rug, featuring bright and triangles of colour harmonious



Two friends, Elke and Ilka are chatting about photos (and goodness knows what else!)



Elaine and Narelle are having a chat in this photo – wonder what they are sharing? Narelle is notable as our most prolific rug maker. Elaine's husband John supports us by making stretcher frames, proggy tools and measuring sticks



(to the left) Here is Bev, sitting over her vibrant dragon rug, talking about her work with Christine.



Another attractive proggy rug with its black background has just been completed by Carol F. and she should be very proud of it.

Finally, here are Miriam and Jacqui. Miriam is President Emeritus (as well as past President) of the Australian Rugmakers Guild, She is also past President of The International Guild of Handhooking Rugmakers. Her interest in proggy rug making stems from her English childhood, when she was introduced to the then neglected art by her beloved father, to whom her book is dedicated. Speaking of the book, when first published in 2008, its print run of 1000 copies sold out. A revised edition was published in 2013. And our ever-elegant Jacqui. Would Narrawilly Proggy Ruggers exist in its current form today without the encouragement of Miriam's dear friend and travel companion? Perhaps not. It was Jacqui who not only encouraged Miriam to start a proggy group, but also placed the first advertisement in the local Milton newspaper in 1994. This ultimately led to the initial meeting in September of that year. And the rest – so they tell me – is history. Leith



Diane showing her shawl at the Milton Spinners Retreat.

And the result of that, is the pattern in this newsletter



Showing progress on my large rug.

I am using wool blanket, wool yarn and wool flannel, which I am dyeing.

Size 5'.4" (1.62m) x 8'.7" (2.62m)

Miriam

Please let me know if you no longer wish to receive this newsletter.

The End